

JUNIOR SUMMER TERM TENNIS COACHING PROGRAM

Term dates: 19th April - 5th July (11 weeks)

half-term Break: Sat 29th May-Sun 6th June

N.B. Bank holiday catch up session on Mon 5th July

Group Coaching: All Levels

Players to Coach Ratio: 8 - 1

Players to Court Ratio: 4 - 1

Players will be grouped according to ability and age (where appropriate)

Course aims:

Technical - Teach appropriate techniques in all areas of the game

Tactical - Increase tactical understanding of both singles and doubles play

Mental - Manage stresses of match play and improve decision making

Physical - All sessions will start with a physical warm up

Days	Ages	Times	Member 1 session	Member 2 sessions	Non-Member* 1 session	Non-Member* 2 sessions
Monday & Wednesday	13-18	17:15-18:30	£77	£115	£77+£45*	£115+£45*
Tuesday & Thursday	11-13	17:15-18:30	£77	£115	£77+£45*	£115+£45*

Course fees payable to: Jon Modica, 58 Barrington Rd. Sutton SM3 9PR

Annual non-member fee *payable to: OCLT&CC (send to above address)

Or why not **apply for membership** at £55 per annum with additional benefits only £10 more!

Course Discount:

Deduct 10% of the course fee if your payment reaches me by Tuesday 6th of April

Enrolment: Download a form from www.oldcollege.co.uk/juniors

Or contact Jon Modica jmodica@blueyonder.co.uk / 07769-747402

N.B. Cheques will not be paid in till after the 1st week is complete, Please note no refunds will be given after this time